



Companies House

— for the record —

Company Name

HELA INTERNATIONAL LIMITED

363s Annual Return

000423/1.5

Company Type

Private Company Limited By Shares

Company Number

3688753

Information extracted from Companies House records on 29th November 2003

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Section 1: Company details



Ref: 3688753/03/10

	Current details	Amended details
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> Registered Office Address
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

**Forum House
 Stirling Road
 Chichester
 West Sussex PO19 7DN**

Address

 UK Postcode _ _ _ _ _

> Register of Members
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

**Address where the Register is held
 At Registered Office**

Address

 UK Postcode _ _ _ _ _

> Register of Debenture Holders
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Not Applicable

Address

 UK Postcode _ _ _ _ _

> Principal Business Activities
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

SIC Code	Description
5118	Agents in particular products
5146	Wholesale of pharmaceutical goods

SIC CODE	Description
_____	_____
_____	_____
_____	_____
_____	_____

> *Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.*

	Current details	Amended details
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p><i>Particulars of a new Director must be notified on form 288.</i></p>	<p>Name Per Ake CLAESSION</p> <p>Address Parkgatan 55 Falkoping 52143 Sweden</p> <p>Date of birth 10/07/1953</p> <p>Nationality Swedish</p> <p>Occupation Sales Manager</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address</p> <hr/> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Per Ake CLAESSION ceased to be director (if applicable)</p> <p style="text-align: right;">_ _ / _ _ / _ _ _ _</p>
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p><i>Particulars of a new Director must be notified on form 288.</i></p>	<p>Name Per Reinhold RABE</p> <p>Address Parkgatan 47 Falkoping 521 43 Sweden</p> <p>Date of birth 17/11/1953</p> <p>Nationality Swedish</p> <p>Occupation Managing Director</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address</p> <hr/> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Per Reinhold RABE ceased to be director (if applicable)</p> <p style="text-align: right;">_ _ / _ _ / _ _ _ _</p>

	Current details	Amended details
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p>	<p>Name Stefan Allan STROMGREN</p> <p>Address Po Box 117 43224 Varberg Sweden</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p>
<p>Particulars of a new Director must be notified on form 288.</p>	<p>Date of birth 08/05/1949</p> <p>Nationality Swedish</p> <p>Occupation Business Consultant</p>	<p>Address</p> <hr/> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Stefan Allan STROMGREN ceased to be director (if applicable) _ _ / _ _ / _ _ _ _</p>

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 1,000 Aggregate Nominal Value of issued shares £1,000.00	Class of share Nominal value of each share Number of shares issued Aggregate Nominal Value of issued shares
> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Total number of shares issued 1,000 Total Nominal value of shares issued £1,000.00	Total number of shares issued Total Nominal value of shares issued

- > At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.**

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
> Shareholder Name Mr Per Ake CLAEISSON Address Parkgatan 55 Falkoping Sweden Shares held Class Ordinary	Number 50	Name	_____	Shares transferred by Mr Per Ake CLAEISSON		
		Address	_____			
		UK Postcode	_____			
		Class	Number	Class	Number	Date of transfer
Ordinary	_____	_____	_____	_____	__/__/____	
		_____	_____	_____	__/__/____	
> Shareholder Name Per RABE Address Parkgatan 47 Falkoping France Shares held Class Ordinary	Number 800	Name	_____	Shares transferred by Per RABE		
		Address	_____			
		UK Postcode	_____			
		Class	Number	Class	Number	Date of transfer
Ordinary	_____	_____	_____	_____	__/__/____	
		_____	_____	_____	__/__/____	
> Shareholder Name Mr Stefan STROMGREN Address Po Box 117 Varberg Sweden Shares held Class Ordinary	Number 50	Name	_____	Shares transferred by Mr Stefan STROMGREN		
		Address	_____			
		UK Postcode	_____			
		Class	Number	Class	Number	Date of transfer
Ordinary	_____	_____	_____	_____	__/__/____	
		_____	_____	_____	__/__/____	

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			



Companies House
for the record

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

J. W. O'Hanlon
(Director / Secretary)

Date

29, 12, 2003

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

This AR is made up to
24/12/2003

If you are making this return up to an earlier date, please give the date here

__ / __ / ____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

If you wish to change your next return to a date earlier than **24th December 2004** please give the new date here:

__ / __ / ____

4. Where to send this form

Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

Telephone number *inc code*

Address

DX number *if applicable*

DX exchange

Postcode
