



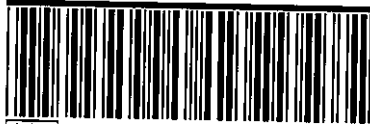
COMPANIES HOUSE

NWS
207526
E/S

363s

Annual Return

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



A18 *ABYRQ10P* 189
COMPANIES HOUSE 03/12/97

of company number 01796543

N

company name
'J' FREIGHT LIMITED

company type
PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 22/10/97
If this information requires amendment use the spaces opposite.

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
07	11	97

Day	Month	Year

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

72 MAINWAY
ALKRINGTON
MIDDLETON
MANCHESTER. M24 1PP

.....

.....

.....

.....

Principal business activities (See note 4)

Trade classification is
6024 FREIGHT TRANSPORT BY ROAD

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

If the code cannot be determined from the notes, give a brief description of principal activity.

01796543

Register of members (See note 5)

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

The register is kept at

REGISTERED OFFICE

.....
.....
.....

Register of debenture holders (See note 6)

Any register of debenture holders (or duplicate) is kept at

.....
.....
.....

Company Secretary (See note 7)

Particulars of a new secretary must be notified on form 288.

JOHN ALBERT
JACKSON
72 MAINWAY
MIDDLETON
MANCHESTER
LANCASHIRE M24 1PP

Day	Month	Year

Date of any change.

.....
.....
.....
.....
.....
.....
.....

If this person has ceased to be secretary, please state when.

Day	Month	Year

Date of resignation.

Directors (See note 7)

Particulars of a new director must be notified on form 288.

JOHN ALBERT
JACKSON
72 MAINWAY
MIDDLETON
MANCHESTER
LANCASHIRE M24 1PP

Day	Month	Year

Date of any change.

.....
.....
.....
.....
.....
.....
.....

Date of Birth:- 15/04/44

Nat:ENGLISH

Occ:FREIGHT FORWARDER

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

J. FREIGHT INTERNATIONAL LTD

01796543

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

STEVEN JOHN
JACKSON
72 MAINWAY ALKRINGTON
MIDDLETON
MANCHESTER
M24 1PP

Day	Month	Year

Date of any change.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Date of Birth:- 23/02/68
Nat:BRITISH
Occ:WAREHOUSE MANAGER

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

.....

.....

.....

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

Day	Month	Year

Date of any change.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

.....

.....

.....

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

Day	Month	Year

Date of any change.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

.....

.....

.....

Issued Share Capital (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
Ordinary	200	£200
Totals	200	£200

List of past and present members

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the appropriate box.

There were no changes in the period

The last full members list was at 07/11/96

	on paper	not on paper
A list of changes is enclosed	<input type="checkbox"/>	<input type="checkbox"/>
A full list of members is enclosed	<input type="checkbox"/>	<input type="checkbox"/>

Elective resolutions (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box.*

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box.*

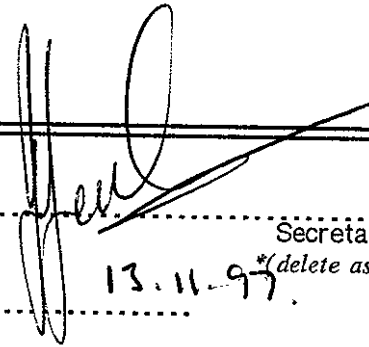
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£15.**

Cheques should be made payable to **Companies House.**

Signed



Secretary/Director*

*(delete as appropriate)

Date

13.11.97

This return includes _____ continuation sheets.
(enter number)

Please ensure that you have completed all sections on this page.

To whom should Companies House direct any enquiries about the information shown in this return?----->

JOHN LAWSON WILD & CO.

CHARTERED ACCOUNTANTS

Cloth Hall, 153 Drake Street

Rochdale OL16 1PX

Postcode

Telephone

Ext