



Companies House  
for the record

# 288b

Please complete in typescript,  
or in bold black capitals.  
CHFP000

## Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

246155

Company Name in full

ACTIVE x OSTEOPATHS LTD.

Date of termination of appointment

Day	Month	Year
2	1	03

as director

as secretary

Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.

NAME

\*Style / Title

\*Honours etc

Please insert details as previously notified to Companies House.

Forename(s)

Surname

PETER TRAINER CORPORATE SERVICES LTD.

†Date of Birth

Day Month Year

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A serving director, secretary etc must sign the form below.

AUTHORISED SIGNATORY  
Signed

Date

21/3/03

\* Voluntary details.  
† Directors only.  
\*\* Delete as appropriate

(\*\* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

PETER TRAINER CORPORATE SERVICES LTD.

27 LAURISTON STREET, EDINBURGH

EH3 9DQ Tel 0131 229 8600

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ** DX 33050 Cardiff  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland DX 235 Edinburgh

