

Registered Number 07024298

ABSOLUTE WELLBEING LTD

Abbreviated Accounts

30 September 2013

Abbreviated Balance Sheet as at 30 September 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		£	£
Current assets			
Debtors		3,224	6,086
Cash at bank and in hand		16,922	17,918
		<u>20,146</u>	<u>24,004</u>
Creditors: amounts falling due within one year		<u>(23,870)</u>	<u>(17,333)</u>
Net current assets (liabilities)		<u>(3,724)</u>	<u>6,671</u>
Total assets less current liabilities		<u>(3,724)</u>	<u>6,671</u>
Total net assets (liabilities)		<u>(3,724)</u>	<u>6,671</u>
Capital and reserves			
Called up share capital	2	1	1
Profit and loss account		(3,725)	6,670
Shareholders' funds		<u>(3,724)</u>	<u>6,671</u>

- For the year ending 30 September 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 26 June 2014

And signed on their behalf by:

Mr Marcus Candy, Director

Notes to the Abbreviated Accounts for the period ended 30 September 2013**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of goods, excluding value added tax.

2 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2013</i>	<i>2012</i>
	<i>£</i>	<i>£</i>
1 Ordinary shares of £1 each	1	1

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