



Companies House

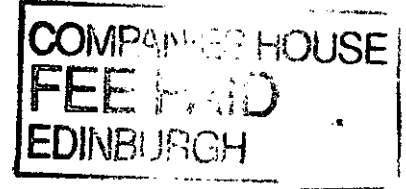
for the record

Company Name

ACTIVE X OSTEOPATHS LTD.



363s Annual Return



- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type
Private Company Limited By Shares

Company Number
SC246155

Information extracted from
Companies House records on
4th March 2006

Section 1: Company details



Ref: SC246155/03/10

	Current details	Amended details																
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	172 Baberton Mains Drive Edinburgh EH14 3DZ	Address _____ _____ _____ UK Postcode L L L L L L L L																
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode L L L L L L L L																
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode L L L L L L L L																
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>9304</td> <td>Physical well-being activities</td> </tr> </tbody> </table>	SIC Code	Description	9304	Physical well-being activities	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </tbody> </table>	SIC CODE	Description	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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> <i>Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>																		

	Current details	Amended details
<p>> Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Company Secretary must be notified on form 288a.</p>	<p>Name Sandra Deanne ROUTLEDGE</p> <p>Address Pilmuir, 95 Mayfield Road Edinburgh EH9 3AQ</p>	<p>Name _____</p> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address _____ _____</p> <p>UK Postcode L L L L L L L L Date of change L L / L L / L L L L Date Sandra Deanne ROUTLEDGE ceased to be secretary (if applicable) L L / L L / L L L L</p>
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Director must be notified on form 288a.</p>	<p>Name Gavin ROUTLEDGE</p> <p>Address Pilmuir, 95 Mayfield Road Edinburgh EH9 3AQ</p> <p>Date of birth 05/09/1969</p> <p>Nationality British</p> <p>Occupation Osteopath</p>	<p>Name _____</p> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address _____ _____</p> <p>UK Postcode L L L L L L L L Date of birth 05 / 09 / 1969 Nationality _____ Occupation _____</p> <p>Date of change L L / L L / L L L L Date Gavin ROUTLEDGE ceased to be director (if applicable) L L / L L / L L L L</p>

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 1 Aggregate Nominal Value of issued shares £1.00	Class of share Nominal value of each share Number of shares issued Aggregate Nominal Value of issued shares
> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Total number of shares issued 1 Total Nominal value of shares issued £1.00	Total number of shares issued Total Nominal value of shares issued

> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 333636.

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details	Shares transferred																	
<p>> Shareholder Name Gavin ROUTLEDGE</p> <p>Address Pilmuir 95 Mayfield Rd Edinburgh EH9 5AQ</p> <p>Shares held <i>Class</i> Ordinary</p>	<p><i>Number</i> 1</p>	<p>Name _____</p> <p>Address _____ _____ _____</p> <p>UK Postcode L L L L L L</p> <p>Shares held</p> <table border="0"> <tr> <td style="text-align: left;"><i>Class</i></td> <td style="text-align: right;"><i>Number</i></td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </table>	<i>Class</i>	<i>Number</i>	_____	_____	_____	_____	<p>Shares transferred by Gavin ROUTLEDGE</p> <table border="0"> <tr> <td style="text-align: left;"><i>Class</i></td> <td style="text-align: right;"><i>Number</i></td> <td style="text-align: right;"><i>Date of transfer</i></td> </tr> <tr> <td>_____</td> <td>_____</td> <td>__/__/_____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>__/__/_____</td> </tr> </table>			<i>Class</i>	<i>Number</i>	<i>Date of transfer</i>	_____	_____	__/__/_____	_____	_____	__/__/_____
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_____	_____	__/__/_____																		
_____	_____	__/__/_____																		

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (if appropriate)	Date of registration of transfer (if appropriate)
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			

363s Annual Return Declaration



Companies House
— for the record —

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £30.

Signature *G. M. Hodge*
(Director / Secretary)

Date 07/04/2006

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

This AR is made up to 21/3/2006 If you are making this return up to an earlier date, please give the date here

__ / __ / ____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

If you wish to change your next return to a date earlier than **21st March 2007** please give the new date here:

__ / __ / ____

4. Where to send this form

Please return this form to:

Registrar of Companies
Companies House
37 Castle Terrace
Edinburgh EH1 2EB

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name _____ Telephone number *inc code* _____

Address _____ DX number *if applicable* _____

_____ DX exchange _____

Postcode _____