



*Companies House*  
— for the record —

# AR01 (ef)

## Annual Return



XW1WMS15

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*Company Name:* **AAH DISTRIBUTIONS LIMITED**

*Company Number:* **06690438**

*Date of this return:* **05/09/2010**

*SIC codes:* **5138**  
**5156**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **57 ARGALL AVENUE CROMWELL INDUSTRIAL ESTATE**  
**LEYTON**  
**LONDON**  
**E10 7QE**

## Officers of the company

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*Company Director* 1

*Type:* **Person**  
*Full forename(s):* **MOHAMMAD IBRAHIM**

*Surname:* **DAR**

*Former names:*

*Service Address:* **88 PRIORS CROFT  
WALTHAMSTOW  
LONDON  
E17 5NH**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **01/01/1967**                      *Nationality:* **BRITISH**  
*Occupation:* **DIRECTOR**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1000</b>
		<i>Aggregate nominal value</i>	<b>10</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE DIRECTORS ARE GENERALLY AND UNCONDITIONALLY AUTHORISED FOR THE PURPOSES OF SECTION 80 OF THE ACT TO EXERCISE ANY POWER OF THE COMPANY TO ALLOT AND GRANT RIGHTS TO SUBSCRIBE FOR OR CONVERT SECURITIES INTO SHARE OF THE COMPANY UP TO THE AMOUNT OF THE AUTHORISED SHARE CAPITAL WITH WHICH THE COMPANY IS INCORPORATED AT ANY TIME OR TIMES DURING THE PERIOD OF FIVE YEARS FROM THE DATE OF INCORPORATION.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1000</b>
		<i>Total aggregate nominal value</i>	<b>10</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 05/09/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 1000 ORDINARY shares held as at 2010-09-05  
*Name:* NAVEED AHMED DAR

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.