



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **24 HR GYM LIMITED**

*Company Number:* **08579973**

*Date of this return:* **21/06/2015**

*SIC codes:* **93130**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **SENSOR HOUSE LANGLEY ROAD  
HILLMEAD  
SWINDON  
SN5 5WB**

**Officers of the company**

*Company Director* 1

*Type:* **Person**  
*Full forename(s):* **CARL VERNON**

*Surname:* **MONTGOMERY**

*Former names:*

*Service Address:* **2 SADDLEBACK ROAD  
SHAW  
SWINDON  
UNITED KINGDOM  
SN5 5RL**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **29/09/1984**                      *Nationality:* **BRITISH**

*Occupation:* **MANAGER**

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*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **VERNON FRANCIS**

*Surname:* **MONTGOMERY**

*Former names:*

*Service Address:* **2 SADDLEBACK ROAD  
SHAW  
SWINDON  
UNITED KINGDOM  
SN5 5RL**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **02/06/1963**                      *Nationality:* **BRITISH**  
*Occupation:* **MANAGER**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

VOTING RIGHTS - SHARES RANK EQUALLY FOR VOTING PURPOSES. ON A SHOW OF HANDS EACH MEMBER SHALL HAVE ONE VOTE AND ON A POLL EACH MEMBER SHALL HAVE ONE VOTE PER SHARE HELD. DIVIDEND RIGHTS - EACH SHARE RANKS EQUALLY FOR ANY DIVIDEND DECLARED. DISTRIBUTION RIGHTS ON A WINDING UP - EACH SHARE RANKS EQUALLY FOR ANY DISTRIBUTION MADE ON A WINDING UP. REDEEMABLE SHARES - THE SHARES ARE NOT REDEEMABLE.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 21/06/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **75 ORDINARY shares held as at the date of this return**  
*Name:* **VERNON FRANCIS MONTGOMERY**

*Shareholding 2* : **25 ORDINARY shares held as at the date of this return**  
*Name:* **CARL VERNON MONTGOMERY**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.