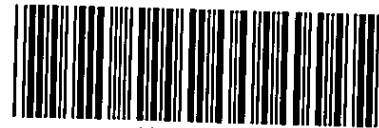


Company Registration No. 01796543 (England and Wales)

'J' FREIGHT LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2013

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'J' FREIGHT LIMITED

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'J' FREIGHT LIMITED**ABBREVIATED BALANCE SHEET****AS AT 30 JUNE 2013**

	Notes	£	2013 £	£	2012 £
Fixed assets					
Tangible assets	2		165,670		164,172
Current assets					
Stocks		1,160		800	
Debtors		817,132		729,693	
Cash at bank and in hand		381,661		408,653	
			<u>1,199,953</u>	<u>1,139,146</u>	
Creditors: amounts falling due within one year	3		<u>(713,591)</u>	<u>(719,106)</u>	
Net current assets			<u>486,362</u>	<u>420,040</u>	
Total assets less current liabilities			<u>652,032</u>	<u>584,212</u>	
Creditors: amounts falling due after more than one year	4		(40,325)	(30,267)	
Provisions for liabilities			<u>(27,297)</u>	<u>(24,496)</u>	
			<u>584,410</u>	<u>529,449</u>	
Capital and reserves					
Called up share capital	5		200		200
Profit and loss account			584,210		529,249
Shareholders' funds			<u>584,410</u>	<u>529,449</u>	

'J' FREIGHT LIMITED

ABBREVIATED BALANCE SHEET (CONTINUED)

AS AT 30 JUNE 2013

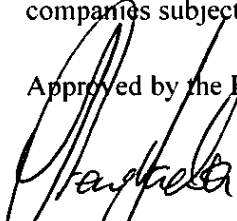
For the financial year ended 30 June 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

Directors' responsibilities


- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board for issue on 24 March 2014



SJ Jackson
Director



PA Jackson
Director

Company Registration No.
01796543

'J' FREIGHT LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 JUNE 2013

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Turnover

Turnover represents the total invoice value, excluding value added tax, of goods sold and services rendered

1.3 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Plant and machinery	20% Straight line
Motor vehicles	20% Straight line

1.4 Leasing and hire purchase commitments

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Stock

Stock is valued at the lower of cost and net realisable value.

1.6 Pensions

The company operates a defined contribution scheme for the benefit of its employees. Contributions payable are charged to the profit and loss account in the year they are payable.

1.7 Deferred taxation

The charge for taxation takes into account taxation deferred as a result of timing differences between the treatment of certain items for taxation and accounting purposes. In general, deferred taxation is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date. However, deferred tax assets are recognised only to the extent that the directors consider that it more likely than not that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred taxation is measured on a non discounted basis at the average tax rates that would apply when the timing differences are expected to reverse, based on tax rates and laws that have been enacted by the balance sheet date.

'J' FREIGHT LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2013

1 Accounting policies (Continued)

1.8 Foreign currency translation

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. All differences are taken to profit and loss account.

2 Fixed assets

	Tangible assets
	£
Cost	
At 1 July 2012	348,300
Additions	62,250
Disposals	(72,250)
	<hr/>
At 30 June 2013	338,300
	<hr/>
Depreciation	
At 1 July 2012	184,128
On disposals	(70,081)
Charge for the year	58,583
	<hr/>
At 30 June 2013	172,630
	<hr/>
Net book value	
At 30 June 2013	165,670
	<hr/> <hr/>
At 30 June 2012	164,172
	<hr/> <hr/>

3 Creditors: amounts falling due within one year

The aggregate amount of creditors for which security has been given amounted to £34,542 (2012 - £26,147)

4 Creditors: amounts falling due after more than one year

The aggregate amount of creditors for which security has been given amounted to £40,325 (2012 - £30,267)

'J' FREIGHT LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2013

5	Share capital	2013	2012
		£	£
	Allotted, called up and fully paid		
	200 Ordinary shares of £1 each	200	200
		<u>200</u>	<u>200</u>