



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **11/05/2016**

X56SG6DN

Company Name: **'FRESH THOUGHTS LTD**

Company Number: **09234792**

Date of this return: **11/05/2016**

SIC codes: **73110**

Company Type: **Private company limited by shares**

Situation of Registered Office: **4 SPRING GROVE ROAD
HOUNSLOW
LONDON
MIDDLESEX
TW3 4BJ**

Officers of the company

Company Director 1

Type: **Person**
Full forename(s): **MR MOHAMMED**

Surname: **ELKAMUDI**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/08/1990** Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORD	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 11/05/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **0 ORD shares held as at the date of this return**

1 shares transferred on 2015-06-11

Name: **MANROOP TAKHAR**

Shareholding 2 : **1 ORD shares held as at the date of this return**

Name: **ELKAMUDI MOHAMMED**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.