



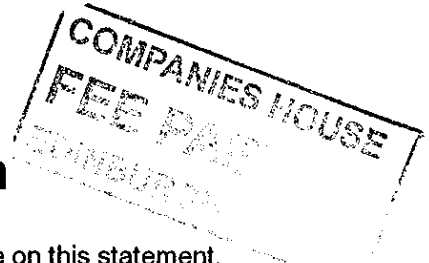
Companies House

for the record

Company Name

ACTIVE X OSTEOPATHS LTD.

# 363s Annual Return



- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type

Private Company Limited By Shares

Company Number

SC246155

Information extracted from Companies House records on 28th February 2004

## Section 1: Company details



Ref: SC246155/01/01

	Current details	Amended details														
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	22 Craigmount Avenue Edinburgh Midlothian EH12 8HQ	Address _____ _____ _____ UK Postcode    _ _ _ _ _														
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Address where the Register is held</b>  At Registered Office	Address _____ _____ _____ UK Postcode    _ _ _ _ _														
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode    _ _ _ _ _														
> Principal Business Activities <i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.</i>	<i>None held, please enter SIC code or description in the amended details column.</i>	<table border="0"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>9304</td> <td>PHYSICAL WELL-BEING</td> </tr> <tr> <td></td> <td>ACTIVITIES</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	SIC CODE	Description	9304	PHYSICAL WELL-BEING		ACTIVITIES	_____	_____	_____	_____	_____	_____	_____	_____
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	ACTIVITIES															
_____	_____															
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Section 2: Details of Officers of the Company

	Current details	Amended details
<p><b>&gt; Company Secretary</b>                      If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Company Secretary must be notified on form 288a.</p>	<p><b>Name</b>                      Sandra Deanne ROUTLEDGE</p> <p><b>Address</b>                      137 Meadowspot                      Edinburgh                      EH10 5UY</p>	<p><b>Name</b>                      _____</p> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p><b>Address</b>                      Pilmuir                      95 MAUFIELD ROAD                      EDINBURGH</p> <p>UK Postcode EH9 3AQ                      Date of change 13/11/2003                      Date Sandra Deanne ROUTLEDGE ceased to be secretary (if applicable)                      __/__/____</p>
<p><b>&gt; Director</b>                      If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Director must be notified on form 288a.</p>	<p><b>Name</b>                      Gavin ROUTLEDGE</p> <p><b>Address</b>                      137 Meadowspot                      Edinburgh                      Midlothian                      EH10 5UY</p> <p><b>Date of birth</b> 05/09/1959</p> <p><b>Nationality</b> British</p> <p><b>Occupation</b> Osteopath</p>	<p><b>Name</b>                      _____</p> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p><b>Address</b>                      Pilmuir                      95 MAUFIELD ROAD                      EDINBURGH</p> <p>UK Postcode EH9 3AQ                      Date of birth 05/09/1959                      Nationality _____                      Occupation _____</p> <p>Date of change __/__/____                      Date Gavin ROUTLEDGE ceased to be director (if applicable)                      __/__/____</p>

**Section 3: Total Issued Share Capital**

**(B)**

> Please enter the details of the company's total share capital in the space provided below.

**Issued share capital details**

> Please fill in the details of total share capital by class (eg. ordinary, preference etc) that has been issued to the company's shareholders.

Class of Share	Number of shares issued
<u>ORDINARY</u>	<u>1</u>
	Aggregate Nominal Value of issued shares
	<u>£1</u>

Class of Share	Number of shares issued
_____	_____
	Aggregate Nominal Value of issued shares
	_____

Class of Share	Number of shares issued
_____	_____
	Aggregate Nominal Value of issued shares
	_____

Class of Share	Number of shares issued
_____	_____
	Aggregate Nominal Value of issued shares
	_____

> Please fill in the total number of issued shares and their total nominal value.

Number of shares issued
<u>1</u>
Aggregate Nominal Value of issued shares
<u>£1</u>

> Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

**Section 4: Details of Current Shareholders**

(A)

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name <u>GAVIN ROUTLEDGE</u> Address <u>PILMUIR</u> <u><del>151 MARROWSPOT</del></u> <u><del>CONQUEST</del> 95 MAYFIELD RD</u> <u>EDINBURGH</u> UK Postcode <u>EH9 5AQ</u> <u><del>EH10 5WV</del></u>	ONE ORDINARY SHARE		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			

**Section 4B: Details of Former Shareholders**

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name _____ Address _____ _____ _____ UK Postcode    L L L L L L L L		
Name _____ Address _____ _____ _____ UK Postcode    L L L L L L L L		
Name _____ Address _____ _____ _____ UK Postcode    L L L L L L L L		
Name _____ Address _____ _____ _____ UK Postcode    L L L L L L L L		
Name _____ Address _____ _____ _____ UK Postcode    L L L L L L L L		



**Companies House**  
— for the record —

# 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

## 1. Declaration

- I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature   
(Director / Secretary)

Date 08 / 04 / 2004

*This date must not be earlier than the return date at 2 below*

### What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

## 2. Date of this return

- This AR is made up to 21/3/2004
- If you are making this return up to an earlier date, please give the date here

\_\_ / \_\_ / \_\_\_\_

*Note: The form must be delivered to CH within 28 days of this date*

## 3. Date of next return

- If you wish to change your next return to a date earlier than 21st March 2005 please give the new date here:

\_\_ / \_\_ / \_\_\_\_

## 4. Where to send this form

- Please return this form to:

Registrar of Companies  
Companies House  
37 Castle Terrace  
Edinburgh EH1 2EB

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

## Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

Telephone number *inc code*

\_\_\_\_\_

\_\_\_\_\_

Address

DX number *if applicable*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

DX exchange

\_\_\_\_\_

Postcode

\_\_\_\_\_