



NW/EIS/010437

Companies House

— for the record —

Company Name

'J' FREIGHT LIMITED

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type

Private Company Limited By Shares

Company Number

1796543

Information extracted from Companies House records on 24th October 2000



Section 1: Company details

Ref: 1796543/03/10

	Current details	Amended details																
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	72 Mainway Alkrington Middleton Manchester. M24 1PP	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>6024</td> <td>Freight transport by road</td> </tr> </tbody> </table>	SIC Code	Description	6024	Freight transport by road	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </tbody> </table>	SIC CODE	Description	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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> <i>Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>		_____ _____ _____ _____																

	Current details	Amended details
<p>> Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Company Secretary must be notified on form 288.</p>	<p>Name John Albert JACKSON</p> <p>Address 72 Mainway Middleton Manchester Lancashire M24 1PP</p>	<p>Name</p> <p>Address</p> <p>UK Postcode</p> <p>Date of change</p> <p>Date John Albert JACKSON ceased to be secretary (if applicable)</p>
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Director must be notified on form 288.</p>	<p>Name John Albert JACKSON</p> <p>Address 72 Mainway Middleton Manchester Lancashire M24 1PP</p> <p>Date of birth 15/04/1944</p> <p>Nationality English</p> <p>Occupation Freight Forwarder</p>	<p>Name</p> <p>Address</p> <p>UK Postcode</p> <p>Date of birth</p> <p>Nationality</p> <p>Occupation</p> <p>Date of change</p> <p>Date John Albert JACKSON ceased to be director (if applicable)</p>
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p>Particulars of a new Director must be notified on form 288.</p>	<p>Name Steven John JACKSON</p> <p>Address 72 Mainway Alkrington Middleton Manchester M24 1PP</p> <p>Date of birth 23/02/1968</p> <p>Nationality British</p> <p>Occupation Warehouse Manager</p>	<p>Name</p> <p>Address</p> <p>UK Postcode</p> <p>Date of birth</p> <p>Nationality</p> <p>Occupation</p> <p>Date of change</p> <p>Date Steven John JACKSON ceased to be director (if applicable)</p>

Section 3: Share Capital

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 200 Aggregate Nominal Value of issued shares £200.00	Class of share _____ Nominal value of each share _____ Number of shares issued _____ Aggregate Nominal Value of issued shares _____
> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Total number of shares issued 200 Total Nominal value of shares issued £200.00	Total number of shares issued _____ Total Nominal value of shares issued _____
> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 020 2038 0801.		

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details	Amended details	Shares transferred
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<p>> Shareholder Name Brenda JACKSON</p> <p>Address 72 Mainway Middleton Manchester Lancashire M24 1PP</p> <p>Shares held Class Ordinary</p>	<p>Name</p> <p>Address</p> <p>UK Postcode</p> <p>Shares held Class</p> <p style="text-align: right;"><i>Number</i> 90</p>	<p>Shares transferred by Brenda JACKSON</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 15%;"><i>Class</i></th> <th style="width: 15%;"><i>Number</i></th> <th style="width: 15%;"><i>Date of transfer</i></th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> </tbody> </table>	<i>Class</i>	<i>Number</i>	<i>Date of transfer</i>	_____	_____	__/__/____	_____	_____	__/__/____
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_____	_____	__/__/____									
_____	_____	__/__/____									

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name <hr/> Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _			
Name <hr/> Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _			
Name <hr/> Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _			
Name <hr/> Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _			



Companies House
for the record

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

[Handwritten signature]

(Director / Secretary)

Date 22 11 2000
-- / -- / --

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

This AR is made up to 7/11/2000 If you are making this return up to an earlier date, please give the date here

-- / -- / --

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

If you wish to change your next return to a date earlier than **7th November 2001** please give the new date here:

-- / -- / --

4. Where to send this form

Please return this form to:

Registrar of Companies		For members of the Hays Document
Companies House		Exchange service
Crown Way	OR	DX 33050 Cardiff
Cardiff CF14 3UZ		

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Cheque Postal Order Cheque / Postal Order Number _____

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

Grayshan & Co.

Telephone number *inc code*

Accountants

DX number *if applicable*

3 Lyndale Drive

Littleborough

Lancashire

OL15 9HQ

Tel: 01706 376116

Postcode _____